

**MISSOURI** 

**Dining Services** 

**ONE SEMESTER MEMBERSHIP:** 

\$49.99

**YEARLY MEMBERSHIP:** FALL & SPRING ONLY

\$99.99

## YOUR MEMBERSHIP INCLUDES:

A COFFEE CLUB MEMBERSHIP CARD
FREE DRIP COFFEE REFILLS IN YOUR CUP FROM EINSTEINS, MINER BREW, OR MINER BREAK CAFE

• 10% DISCOUNT ON ALL OTHER SPECIALTY DRINKS WHEN YOU BRING YOUR REUSABLE CUP

## **YEARLY SAVINGS:**

Avg Cups per Week:	Avg Cups per Year:	Avg Savings per Year:
2	60	\$67
3	90	\$150
4	120	\$232
5	150	\$315

## **HEALTH INFORMATION:**

- IT IS RECOMENDED BY THE FDA TO NOT EXCEED 400 MILLIGRAMS OF CAFFIENE A DAY, WHICH IS THE AVERAGE OF 1-2 16OZ CUPS A DAY **DEPENDING ON THE TYPE OF COFFEE**
- PLEASE CONSULT A HEALTH PROFESSIONAL FOR INFORMATION ON HOW MUCH COFFEE IS APPROPRIATE FOR YOU